

# WELCOME ABOARD



110 NNPTC CIRCLE, GOOSE CREEK, SC 29945

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## Welcome to NMRTC Charleston and the Lowcountry

NMRTC Charleston is located in Goose Creek, South Carolina. NMRTC's mission is to ensure comprehensive readiness and provide compassionate patient centered health services with the highest quality, innovation and value to those entrusted to our care.

NMRTC Charleston continues to strive for excellence and maintain its status as one of the top medical facilities of Naval Medical Forces Atlantic under the command and leadership of Commanding Officer, Captain Lanny F. Littlejohn, our Executive Officer, Captain Kevin J. Lyle, and Command Senior Enlisted Leader, HMCM Tristan L. Johnson.



CAPT Kevin J. Lyle



CAPT Lanny F. Littlejohn



HMCM Tristan L. Johnson





# Charleston's Naval Health History

NMRTC Charleston is a command with a rich history and tradition. Commissioned on July 31, 1917, the original Naval Hospital Charleston began as an emergency hospital caring for the wounded during World War I. The hospital consisted of 19 temporary wooden buildings with a bed capacity of 250. The following year, 14 additional buildings were constructed, increasing the bed capacity to 1,000 beds.

Over the next century, the hospital infrastructure changed many times, including consolidating from several buildings to one, and moving from Charleston to North Charleston to its current home in Goose Creek, on the Joint Base Charleston - Weapons Station.

Renamed to NMRTC Charleston in 2020, NMRTC shares occupancy with the Ralph H. Johnson Veterans Affairs Medical Center's Goose Creek Community Based Outpatient Clinic. Both organizations share the 188,000 square-foot, John G. Feder Joint Ambulatory Care Clinic, where Department of Defense and Veterans Affairs employees are recognized as setting the gold standard for providing healthcare to service members, family members and veterans.



# Charleston's History

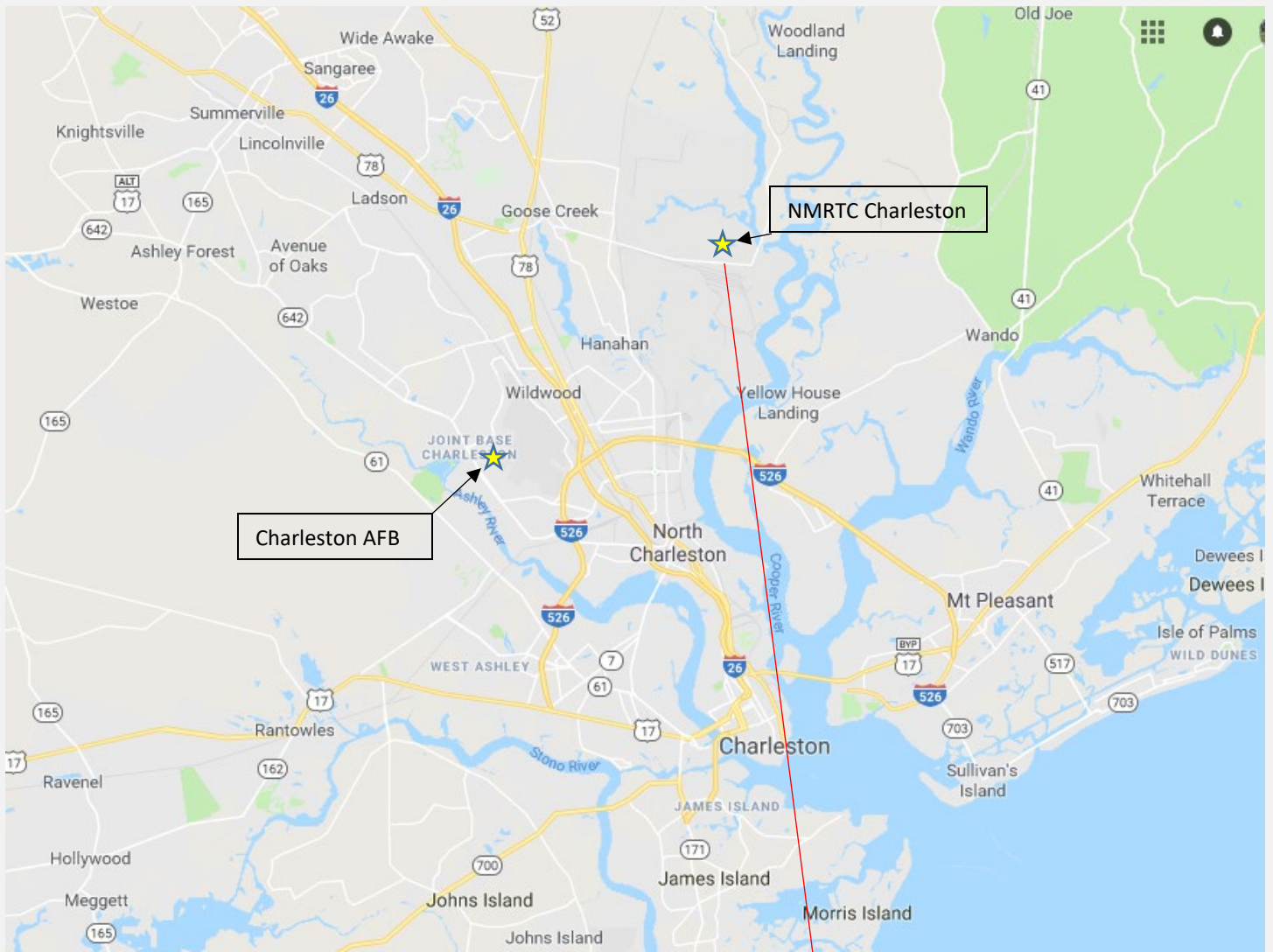
Charleston is the oldest and largest city in the U.S. state of South Carolina, the county seat of Charleston County, and the principal city in the Charleston–North Charleston–Summerville Metropolitan Statistical Area. The city lies just south of the geographical midpoint of South Carolina's coastline and is located on Charleston Harbor, an inlet of the Atlantic Ocean formed by the confluence of the Ashley, Cooper, and Wando rivers. Charleston had an estimated population of 134,875 in 2017. The estimated population of the Charleston metropolitan area, comprising Berkeley, Charleston, and Dorchester counties, was 761,155 residents in 2016, the third-largest in the state and the 78th-largest metropolitan statistical area in the United States.



Charleston was founded in 1670 as Charles Town, honoring King Charles II of England. Its initial location at Albemarle Point on the west bank of the Ashley River (now Charles Towne Landing) was abandoned in 1680 for its present site, which became the fifth-largest city in North America within ten years. Despite its size, it remained unincorporated throughout the colonial period; its government was handled directly by a colonial legislature and a governor sent by London. Election districts were organized according to Anglican parishes, and some social services were managed by Anglican wardens and vestries. Charleston adopted its present spelling with its incorporation as a city in 1783 at the close of the Revolutionary War. Population growth in the interior of South Carolina influenced the removal of the state government to Columbia in 1788, but the port city remained among the ten largest cities in the United States through the 1840 census.

Known for its rich history, well-preserved architecture, distinguished restaurants, and hospitable people, Charleston is a popular tourist destination. It has received numerous accolades, including "America's Most Friendly City."





# Check – In Procedures

All Sailors should check-in with orders in hand to the Information Desk in the current Service Dress Uniform, between 0800 – 1600 Monday thru Friday. If checking in on the weekends or holidays please contact the Information Desk at 843-794-6001 between 0800 – 1700. Please try to coordinate with your Sponsor as best as possible. If you haven't been contacted by your Sponsor yet please notify the Command Sponsor Coordinator:

HM1 Ashley Lozada at [ashley.m.lozadagomez.mil@health.mil](mailto:ashley.m.lozadagomez.mil@health.mil) or 843-794-6570.

Alternate is HM2 Robert Shouse at [robert.m.shouse.mil@health.mil](mailto:robert.m.shouse.mil@health.mil)  
or 843-794-6404.



## Temporary Lodging

Naval Weapons Station Charleston has a limited Visitor Quarters operation consisting of one Visitor's Quarters Suite for personnel in pay grades E-1 and above; and one Distinguished Visitor's Quarters Suite for personnel in pay grades E-9, O-5 and above. Pay grades W1-04, E9, and retired personnel are housed on a space available basis. Service members should contact the Housing Welcome Center (843-794-7265) to make reservations. Prices begin at \$41 per night for military members. If these quarters are not available, the Housing Welcome Center can issue a certificate of non-availability, if needed.

Foster Creek Villas, operated by the Morale, Welfare and Recreation department, offer spacious two, three and four bedroom on-base vacation rental units. Each unit features a furnished living room with phone and television, dining room, fully equipped kitchen, and a front and back yard with covered parking. Prices begin at \$45 per night for military members and families, and \$50 per night for other eligible categories. Call (843) 794-2120 for reservations.

\*\*\*PETS ARE NOT ALLOWED\*\*\*



Charleston AFB has temporary lodging in the form of the Inns of Charleston. Currently under renovations and construction the Inn has limited rooms at \$70 per night and very few pet available rooms. Contact information is 843-963-8000.

## Joint Base Charleston Housing

Joint Base Charleston has two military housing communities, with one at the Naval Weapon Station and the other at the Air Base. It can help provide you with “one-stop” home shopping, by providing extensive information on base PPV housing, off-base apartment rentals, and community home purchases. It can compare your housing allowance with average local rental costs, home purchase prices and utility expenses. It can even help save money if you decide to rent off base. The Welcome Centers are open Monday through Friday from 8 a.m. until 5 p.m. Military families can apply for base housing as soon as PCS orders to Naval Weapons Station Charleston are received by submitting an advanced application package.

Naval Weapon Station Housing can be reached at 843-797-5631 or <https://www.jbwscharlestonhomes.com/>.

Charleston Air Force Base Housing can be reached at 843-219-9093 or <http://www.jbcharlestonfamilyhousing.com/>.

## Bachelor Housing

Military bachelors wanting to stay on base should contact the Bachelor Housing Office as soon as PCS orders are received in order to secure a position on the waiting list or arrange for quarter assignment before you arrive on station. If advance notice is provided, and bachelor quarters are available, your keys will be waiting for you upon arrival. The Bachelor Housing Office is open 24 hours a day, seven days a week.

Bachelor housing for E-6 and below consist of two-person garden apartments. Each fully furnished unit includes two private bedrooms, and a shared living room, dining room, bathroom, kitchen, balcony, and car port. Units include fully equipped kitchens, washers and dryers, televisions, and DVDs. The bachelor housing complex also includes a lounge with refreshment area, a basketball and volleyball court and picnic area with gazebo.

There are also 12 fully furnished double occupancy officer and senior enlisted homes on base. Each is a renovated 3-4 bedroom 1,500 square foot townhouse unit which comes with fully equipped kitchen, washer and dryer.

There is a required stay of 4 months (120 days) before you can move out of the BEQ.

## WHAT IS DEERS?

DEERS is the Defense Enrollment Eligibility Reporting System. Your DEERS registration verifies your eligibility to receive TRICARE benefits. Ineligibility in DEERS means you are ineligible for TRICARE benefits. Failure to update DEERS with current information can result in misdirected communication, delayed enrollment, disenrollment, claims payment problems and other difficulties.

# DEERS

## Verifying and Updating Eligibility Information

Eligibility for TRICARE is verified through the DEERS. You can update information in DEERS using one of the following methods:

- Visit your local personnel services office. Your nearest one can be found at [www.dmdc.osd.mil/rsi](http://www.dmdc.osd.mil/rsi).
- Call 1-800-538-9552 (Monday-Friday, 6 a.m. to 3:30 p.m. PST)
- Update electronically at [www.tricare.osd.mil/DEERSAddress](http://www.tricare.osd.mil/DEERSAddress). To update your address with Humana military, please visit [www.humanamilitary.com](http://www.humanamilitary.com) or call 1-800-444-5445.

## Family Care Plan

Service members are responsible to ensure family members/dependents are cared for during deployments, reserve mobilizations, and temporary duty, as well as at all other times during which the service member is unavailable. Formal documentation of a Family Care Plan is required under any of the following conditions:

- A service member with primary or shared physical custody of a minor child or children who is not married to the other natural or adoptive parent of the minor child or children.
- Both members of a married dual military couple where one or both have primary or shared physical custody of a minor child or children.
- Service members who are legally responsible for an adult family member who is incapable of providing for themselves in the absence of the service member.

Caregivers are NOT required to sign the NAVPERS 1740/6.

You can now update your Family Care Plan via Navy Standard Integrated Personnel System (NSIPS) or Electronic Service Record (ESR):

[Instructions to Update Family Care Plan in NSIPS and ESR Shore 12SEP14](#)



# Tricare Medical & Dental

## Tricare Prime / Standard Enrollment

Once you have arrived at NMRTC Charleston, you will need to establish a Primary Care Manager for you and your family. All active duty members are required to have Tricare Prime. Options for family member enrollment are on the Tricare website:

<https://tricare.mil/LifeEvents/Moving>

## Procedures

1. Update your information in Defense Enrollment Eligibility Reporting System (DEERS):

<https://www.dmdc.osd.mil/milconnect>

2. Register in the Tricare region via: [www.tricare.mil/bwe](http://www.tricare.mil/bwe)
3. Select your PCM
4. Report with your health records

## Dental

Active Duty: For dental information please call 843-794-7944

Family Members: Enrollment with Tricare (United Concordia) Dental is elective, not automatic.

To enroll please visit the following site: <https://tricare.mil/CoveredServices/Dental/TDP>



# Joint Base Liberty Program

The LIBERTY program offers a wide range of high-adventure trips, outdoor recreation, leisure activities, sports/tournaments, social events, and a recreation facility. The primary purpose of the program is to offer activities which target active duty personnel, 18 – 25 years of age, living in the barracks or base housing, including both single personnel and geographical bachelors. Some exciting trips and events include skydiving, marksmanship quals, river tubing, snow skiing, paintball, table tourneys, barracks break-ins, BBQ's and MORE! Sign-ups can be found at the WS ITT, CAC is required for sign-up.

The Liberty Lounge is a free recreational facility located on NNPTC within the Bowman Center. Come relax on any of our recliners while catching up on the latest ESPN happenings. Connect with your gamer friends through any of our ten Xbox Live accounts. Battle it out with your friends on our pool and ping-pong tables. Sign-in to our computers with free internet access. Jam solo or with friends in The Beat Lab, a soundproof recording studio with electronic drums, keyboard, guitars, congas, mixing and recording equipment, and MORE!

The facility is constantly growing so stop in regularly so you stay up-to-date on all LIBERTY has to offer! If you haven't already, come check us out:

<https://www.jbcharleston.com/recreation/liberty-program/>





# Points of Contact

## Uniformed Victim Advocate

Duty Cell Phone  
843-478-8615

## Suicide Prevention Coordinator

LT Gonzalez  
843-794-6142

## CMEO

HMC Mitchell  
843-794-6244

## DOD Safe Helpline

24/7  
1-877-995-5247  
[www.Safehelpline.org](http://www.Safehelpline.org)

## SAPR

LT Peck  
843-794-6081

## Legal

LCDR Roberts  
843-794-6068

## Command Website:

<https://nhc-charleston.tricare.mil/About-Us/Welcome-Aboard>